

# Annual Project Report for New Achievement Program

Submit one form per project. You may expand the boxes and add additional pages if needed.

What you learned must be specific to you—not what other people learned.

<b>Name</b>	Ally Easton	<b>Program Year</b>	2023-2024
<b>Project</b>	Archery	<b>Years in Project</b>	2
<b>5</b>	<b>Number of project meetings held</b>	<b>100%</b>	<b>% Attended</b>
<b>5</b>	<b>Number of project meetings attended</b>		

<b>LEARNING EXPERIENCES</b>			
<b>Explain what you did, what you learned, and the skills you gained in the project.</b>			
<small>Include the level of participation: <i>I</i> = Individual, <i>L</i> = Local Club/Unit/Project, <i>C</i> = County, <i>M</i> = Multi-county/ Area, <i>S</i> = State, <i>N</i> = National/Multi-State, <i>G</i> = Global</small>			
Date	Level	Hours	What did you do?   Where?   What did you learn or what skill did you practice?
10/25/2023	L	2	Project leaders went over basic safety rules and directions for using the range to shoot. We also learned about the different kinds of bows and the parts of an arrow, stance while holding the bow and aiming, and how to hold the arrows. We then practiced shooting arrows at the target.
11/24/2023	L	2	We reviewed the basic square stance for beginners and practiced holding the bow and pulling the string (without the arrows). We then practiced finding our anchor point, or the spot to aim for when pulling back the string (like your nose), and finished with shooting arrows at the targets.
2/19/2024	L	2	Since rain had cancelled two meetings, we reviewed everything we had learned so far. Then we discussed follow-through, or what to do once you have released the arrow. We also had target shooting for the rest of the meeting.
3/20/2024	L	2	We continued talking about good form when shooting and practicing our stance and pulling the string (without arrows) so the leaders could critique our form. We also learned about arm guards and archery gloves that protect your arms and fingers when shooting. The leaders had some new ones for us to try when doing our practice shooting.
4/22/2024	L	2	We mostly did practice shooting. The leaders had brought balloons so we could liven up the targets a little bit.

List things made, raised, grown, or improved and how many.
None
List honors or awards earned.
None

List civic or community service activities
I helped with the registration table and the snack table at the Redwood Bowman Turkey Shoot in November 2023. Redwood Bowmen is the group that maintains the archery range we use for our project meetings in Roberts Regional Park in Oakland.
List leadership activities
None

Income (or Value) and Expenses		
<i>Summarize all income (such as animals or products sold, <b>value</b> of animals or finished products not sold, exhibit premiums, etc.) and all expenses (such as ingredients, materials, travel expenses, feed, vet supplies/ visits, exhibitor fees, etc.).</i>		
Item	Income or Value	Expense
A bow	\$	\$82
Arm guard	\$	\$25
	\$	\$
	\$	\$
	\$	\$
<b>Total Profit or Loss</b>	\$	\$107
	\$107	

<b>I have personally prepared this report and believe it to be correct.</b>	
4-H Member's Signature:	Date:
<b>I have personally reviewed this report and believe it to be correct.</b>	
4-H Adult volunteer's Signature:	Date:

